



BOX HILL RSL

scuttlebutt

BOX HILL R.S.L. SUB- BRANCH INC.

October 2017

ISSUE: #217

EDITOR: Tony Bowden

Contributions to each issue of Scuttlebutt must be with the editor by the 20th day of each month.
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Denis Fernando

SUB-BRANCH SECRETARY:

Ray Wall

ASSOCIATION REGISTERED NO:
A0057903U

BOX HILL RSL GOES TO CANBERRA

In late June our Day Club had a visitor of some renown, that is the Prime Minister of Australia, Malcolm Turnbull, this visit was totally unknown to the members of the Day Club. The Prime Minister spent nearly two hours talking to the members of the Day Club and one of the unusual aspects of his visit – he travelled from the city out to Box Hill by tram.



Malcolm Turnbull (Prime Minister of Australia) with Julia Banks (Federal Member of Chisholm)

One of our members... who had previously worked as a photographer for the Victorian State Premier, Steve Bracks, took a number of photographs of this visit.

To my mind the most outstanding of his photographs is the one being presented to the Prime Minister by our local Federal member Julia Banks, both the Prime Minister and Julia have their backs to the camera, but they are intent in viewing our "Lest we Forget" wall on Nelson Road.



OUR NEW DISPLAY FEATURES THE MANY EXCITING ASPECTS OF SERVICE IN AUSTRALIA'S SAS REGIMENT

The Australian SAS originally just of company size was formed in 1957 on land abutting the Indian Ocean in Swanbourne, Perth WA.

The Victorian SAS Associations current home is Box Hill RSL and amongst our members there are at least half a dozen members of the regiment.

SPECIAL GENERAL MEETING

A Special General Meeting of members will be held at 6.30pm on Friday the 17th November 2017 in the Upton Room to endorse Rule changes approved by ANZAC House.

The Rules to be approved by Members of Box Hill RSL are By-Law 10A (Purpose and Rules of the Box Hill RSL Sub-Branch Inc.).

The changes are of a procedural nature and cannot be amended but can be viewed in the Secretary's office by contacting Ray Wall on 9898 5992.

MEMBERS IN AGED CARE

BEULAH ANDERSON, Alawarra, Inala, 220 Middleborough Rd, Blackburn Sth

ARTHUR ATKINSON, Broughton Lea, 9 -17 Broughton Road, Surrey Hills

KEN BLYTH, The Gables, 629 Riversdale Rd, Camberwell

FRANK BOLTON, Faversham House, 27 Shierlaw Ave, Canterbury

MAUREEN BRAYNE, Alawarra, Inala, 220 Middleborough Rd, Blackburn Sth

HILARY BUTTERFIELD, The Heights, 39 Doncaster Road, Donvale

MYRA CAMPBELL, Dorothy Henderson Lodge, 157 Balaclava Rd, Marsfield

MARGARET CAVILL, Highwood Court, 359 Warrigal Rd, Burwood

ALWYN CHARLESWORTH, Uniting AgeWell, 75 Thames St, Box Hill

FAY CLARK, Uniting AgeWell, 75 Thames St, Box Hill

ROBERT CLARK, Faversham House, 27 Shierlaw Ave, Canterbury

MOLLIE CLOUGH, Kew Gardens, 22-24 Gellibrand St, Kew

NOEL & LOIS DUNN, BUPA, 296-304 Springvale Road, Donvale

GEOFFREY EDMONDS, Mont Albert Manor, Elgar Rd, Mont Albert

ROY EDWARDS, BUPA, 18-22 McGlynn Ave., South Morang

MARJ FINEBERG, Baradine, 15-19 Baradine Rd, Mooroolbark

ALMA GEORGE, Broughton Lea, 9 -17 Broughton Road, Surrey Hills

MADGE GILBERT, Broughton Lea, 9 -17 Broughton Road, Surrey Hills

GORDON HANG GONG, Alexandra Gardens, 42 Old Warrandyte Road, Donvale

PAT HAMILTON, BUPA, 296-304 Springvale Road, Donvale

MARY HODGETTS, Faversham House, 27 Shierlaw Ave, Canterbury

KATHRYN HOLMES, Alawarra, Inala, 220 Middleborough Rd, Blackburn Sth

LORNA HOUSE, Wattle Glen ACF, 45 Silvan Rd, Wattle Glen

BILL HOWE, Millward, 31 Blackburn Road, Doncaster East

LOLA INGLEFINGER, Banksia Lodge, 2 Jones Street, Foster

RAY JACOBS, Uniting AgeWell, 75 Thames Street, Box Hill

CARMEL JOHANSEN, Opal Gracedale, 205 Warrandyte Rd, Ringwood Nth

MYRA KELLEHER, Clovelly Cottage, 16 Stewart Street, Boronia

JEAN KING, Opal by the Bay, 185 Racecourse Road, Mt Martha

WILLIE KLOMP, Dutchcare, 736 Mt Dandenong Rd, Kilsyth

ALBERT KNOP, Uniting AgeWell, 75 Thames St, Box Hill

DOREEN KNOP, Livingstone Gardens, 39 Livingstone Rd, Vermont South

CLARE KNYVETT, Millward Aged Care, 31 Blackburn Rd, Doncaster

SYLVIA LANG, Donwood Aged Care, 17 Diana Street, Croydon

IAN LATIMER, Broughton Hall, 2 Berwick St, Camberwell

DOROTHY LEITH, Alawarra, Inala, 220 Middleborough Road, Blackburn Sth

GARRY LEVEY, Broughton Lea, 9-17 Broughton Road, Surrey Hills

DON LIVESEY, BUPA, 222 Serpells Road, Templestowe

ROBERT LONG, Faversham House, 27 Shierlaw Ave, Canterbury

BETTY MADDOCK, Faversham House, 27 Shierlaw Ave, Canterbury

SIDNEY MANN, Roseville, Apt.10, 130 King Street, Doncaster East

DAWN MAY, Jack Faichney Hostel, Strathdon, Jolimont Road, Forest Hill

HARRY & JOYCE MCEWAN, Gregory Lodge, 2-58 Newmarket St, Flemington

EILEEN MCKEE, Livingstone Gardens, 39 Livingstone Rd Vermont South

GREGOR MCGREGOR, Cerberus, Strathdon, 17 Jolimont Rd, Forest Hill

HAMISH MACLEOD, Dowell Court, 159 Lwr Heidelberg Rd, East Ivanhoe

BILL & BETTY MCNEEL, Arcare, 1997 Malvern Rd, Malvern East

BETTY McQUALTER, Uniting AgeWell, 75 Thames Street, Box Hill

BETTY MONK, Livingstone Gardens, 39 Livingstone Rd Vermont South

GEORGE MOXHAM, Regis Lake Park, 40 Central Rd, Blackburn

TOM & PEGGY O'DONNELL, Livingstone Gardens, 39 Livingstone Rd, Vermont Sth.

NOEL OUTHRED, BUPA Donvale, 296-304 Springvale Road, Donvale

SHIRLEY PASCOE, BUPA, Heidelberg Park, 222 Serpells Rd, Templestowe

CONNIE PERRY, Faversham House, 27 Shierlaw Ave, Canterbury

JEAN RAE, Broughton Lea, 9 -17 Broughton Road, Surrey Hills

MILLIE RAYNOR, Faversham House, 27 Shierlaw Ave Canterbury

RAY REES, Estia Health, 34-42 Brooklyn Rd, Melton South

LEON ROBINSON, Nazareth House, 16 Cornell St, Camberwell

DOREEN ROCK, Camberwell Gardens, 15 Cornell St, Camberwell

JOYCE ROLLINSON, Uniting AgeWell, 75 Thames St, Box Hill

DICK ROSE, Clovelly Cottage, 16 Stewart St, Boronia.

IRENE ROSEVEAR, Vincent de Paul Hostel, 13 Strabane Avenue, Mont Albert North

MAUREEN SAVAGE, Covenant House, 181 Canterbury Rd, Blackburn

ELIZABETH SAYERS, Jasmine Lodge, 56 Mt. Dandenong Rd, Ringwood East

PAT SLOAN, Estia Health, 2B Grace St, Glen Waverley

BETTY SMITH, Arcare, Cnr Plenty and Gremel Roads, Latrobe

LEO SMITH, Alexander Gardens, 42 Old Warrandyte Road, Donvale

BARBARA STRUDWICK, Covenant House, 181 Canterbury Road, Blackburn South

EDNA TREWIN, Regis Lake Park, 40 Central Road, Blackburn

EILEEN WADDELL, BUPA Donvale, 296-304 Springvale Road, Donvale

PATRICIA WALLACE, Park Lane Aged Care, 295-299 Maroondah Hwy, Croydon

PHIL WALTER, Regis Lake Park, 40 Central Road, Blackburn

CLIVE WINN, Livingstone Gardens, 39 Livingstone Rd, Vermont Sth

HAROLD WOOLARD, Alawarra Inala, 220 Middleborough Rd, Blackburn Sth



FREE MOVIE FOR MEMBERS

'The Burbs'
Thursday 26th October, 2017
at 10.30
Presented by Ray Wall

SYNOPSIS:

A Comedy/Thriller. Tom Hanks is Ray Peterson, an average schmuck not sure what to do with his at-home vacation. He soon finds his excitement when he and his paranoid neighbours convince themselves the weirdos on the block are responsible for the strange disappearance of the neighbourhood's beloved old man. So they do what any of us would do... break into their home to find proof of the dastardly deed!

The Race Day Program continues

A DAY AT THE RACES

KILMORE RACE COURSE

TUESDAY 24TH OCTOBER 2017

SPECIAL PACKAGE FOR SERVICE, AFFILIATE AND SOCIAL MEMBERS

ONLY \$35.00 PER HEAD

Includes: Coach Fare, Entry to Race-course, Race Book & 2 Course Luncheon

Bus leaves clubrooms at 10.00AM sharp and returns to clubrooms, departing 15 minutes after the last race.

Book early to avoid disappointment. Please pay at reception.

THIS WILL BE ANOTHER GREAT DAY OUT!

Our best wishes are with those members who are, or have been in hospital since the last issue.

Garry Hutchinson, Eileen Oates and Gail Robertson

Vale LEST WE FORGET

John Bourne
VX136484, Army

Edgar Hawkes
3159831 - 5/6 RVR

Doug Kneen
Affiliate

Mark Noonan
A231942 - 2SDG

Thelma Phillips
Affiliate

Carmen Ward
Affiliate

John White
205690, RAAF





ANOTHER GREAT STORY FROM BOX HILL HOSPITAL

On Thursday the 27th July, Judy Coates, Bep Dawes and I attended the 'Unveiling their Story' book display in the Box Hill Hospital main foyer. The display was opened by Ron and Greta Gill who were introduced by CEO Mr David Plunkett. Ron is the son of Frank Gill one of the Hospital's original benefactors. Also present was Peter Hitchener OAM, the senior news reader at Channel 9, who is the Patron of the Eastern Health Foundation.

Prior to the Official Opening, David told of the history of the Hospital which commenced in the same year as Box Hill RSL, raising money for the hospital buildings. Box Hill RSL has assisted with donations to the hospital since its inception. Box Hill RSL recently donated \$50,000.00 to the Vivian Bullwinkel Chair of

Palliative Care Nursing and End of Life Care which was acknowledged by David as one of the top sponsors. Other sponsors are Box Hill Golf Club, Rotary of Balwyn, Australian Macau Business Council, and the Chinese and Indian Community.

During David's speech he highlighted the doctors and nurses who had worked at the hospital over many years of dedicated service. One doctor has delivered over ten thousand babies over a period of 50 years, some effort. We learnt a great deal about Box Hill Hospital, and Members are encouraged to visit the hospital and read the great stories in the foyer. It would be well worth it.

Brian Tateson, Memorabilia

Pictured: Greta and Ron Gill with David Plunkett

SCOUTS SHOW TRUE COLOURS

Recently, Box Hill RSL hosted the 1st Mitcham Scout Group, which proved to be a fun night for all concerned. The scouts have a very good and exacting idea of what war is all about. They were able to identify significant dates, like what day is Anzac Day, Remembrance Day and what year did WW1 and WW2 end?

The evening commenced with both John Haward and I welcoming the Mitcham Group to Box Hill RSL. After more than three quarters of an hour, showing different uniforms of the three services, we had supper then moved upstairs to view our memorabilia displays. They were all keen to explore the displays and asked various questions, in particular, about the current display on the SAS, with its original uniforms from Vietnam to present day Afghanistan. One particular Scout (Peter) was a real Military junior historian. He even knew when the SAS was formed and how and where the unit was involved in various conflicts. Both John and I get a great deal of satisfaction from



the Senior Groups not only speaking to them but also having active and constructive conversations.

Brian Tateson
Memorabilia

KID'S CHRISTMAS PARTY

The annual Kid's Christmas Party will be held on Sunday 10 December 2017 in the Upton Room from 10.00am to 1.00pm. Entry is via B2 Car park.

In order to manage the number of children and adults who are attending we will need the following:

1. The party is for Primary School children and under accompanied by a responsible adult and the number of adults also attending.
2. The food (including the ice creams and fairy floss) provided is mainly for the children. Soft drinks will be available to all. The Bistro upstairs will be open after the function for adults' meals to be purchased. Bookings are essential!

3. Presents for ALL children must be delivered to reception no later than Sunday 3 December 2017 and must have the child's first name and family name in BLOCK LETTERS clearly displayed. Late presents will not be accepted on the day of the party.

4. There will be limited non reserved seating for adults and additional seating will not be arranged on the day.

5. Santa will arrive at 12.00noon

6. If there are any inquiries regarding the function please contact our Welfare Co-Ordinator Pam McCaughey on 9898 2044.

Arthur Merryweather
Treasurer (Organiser)

WHITEHORSE DAY CLUB ACTIVITIES

Well, it's that time again when I can tell you all about our Day Club meetings. On 8/8/17, we had a guest speaker from Box Hill Historical Society. He spoke in great depth about the history of Box Hill and the now City of Whitehorse. This whole area was once mostly orchards and brick-works. I was surprised how many hotels were in the Shire. My, how things have changed today.

At our next Club meeting on 22/8/17, we were lucky enough to have Margaret Dennis as our entertainer. What a marvellous performance she put on, with songs from the 40's to the 70's and country and western. Judging by feedback from members, everybody got something out of the show. There is always interest in our trading table where we can see rhubarb, pre-loved books and general Bric-a-brac on offer. All donations of saleable goods are gratefully accepted.

Our meeting on 12/9/17 was well attended. Winners of the raffle prizes were delighted with the prizes made up by Joy Caldwell - great effort, Joy. Thank you.

We had very interesting speakers from the Golden Days of Radio. It was an informative talk by Barry Gomm and Robert Anderson and some interesting prizes were given out for their quizzes.

I wish to thank John Simpson for standing in today in my absence.

I would also like to thank Bettina Pollard for all her good work within the Club in the past. She is stepping down from her volunteer's role so will now be able to come along, relax and enjoy Club meetings.

Whitehorse Day Club is still looking to top up its membership.

Any R.S.L. members interested in joining, please contact me on 0409 403 262. Looking forward to hearing from you.

Bob Mc Lellan
Co-ordinator

WOMEN'S AUXILIARY

Hello Ladies

Our September meeting had only 30 people, the cold weather has knocked our group around.

The cold winter months and some of the early spring are really playing havoc every 2nd person seems to have a cold or the flu but we just have to soldier on.

Our guest speaker was Trevor Evans from the Victorian Police Forensic Team. The Victoria Police Forensic Services Department (FSD) is one of the largest providers of forensic science services in Australia. The statement of strategic intent for the department is: "The Forensic Services Department will deliver an excellent, integrated forensic service to Victoria Police, the Judicial system and the Community". Trevor is one of the teachers in the forensic unit and has to train the members of this department.

Although the definition for "Forensic" is: pertaining to or used in courts of law, forensic science is broader than this. It also includes:

- Assisting in an investigation, e.g. through use of DNA, fingerprints or other databases, it can provide possible suspects that the police may then interview etc.
- Excluding suspects, i.e. this would never go to court.

Trevor explained the methods they use and said that the fingerprinting is still the best way to identify and catch the crooks. The team isn't only used in the fight of crime but is called upon to help with natural disasters.

The Unit was sent to Bali to help identify the bodies when the Tsunami hit. The team identified 36 bodies using fingerprints and/or DNA matching enabling them to be sent home to their families. Then the New Zealand earthquakes occurred and the Unit was again confronted with a further horrendous scene and set to work trying to identify the bodies so they too could be returned to their loved ones. The job can be very confronting and they couldn't continue to do it unless they learn to turn off and debrief together.

The Forensic department have 2 main units Scene and Exhibit Units – Scene unit staff attend and examine many

serious crime scenes including homicides, suspicious fires, clandestine drug laboratories, cannabis crops and recovery of bodies after a disaster, attends whilst the Exhibit unit examines more than 55,000 exhibits per year. Exhibits are collected from scenes and from persons (suspects, complainants, deceased and convicted persons). All evidence is photographed, videoed, catalogued and can be called on by the courts. Forensic unit officers can be called upon to give evidence in court.

The lack of job opportunities, poor education and environmental influences can drive people to crime. The drug culture is also fueling the user to a life of crime.

Wednesday 18th we had Michael Coates as our entertainer. Michael sang Johnny Cash numbers, he had that deep voice like Johnny Cash. Michael was supposed to be supported by another lass but she like 90% of people was hit with a virus, so she was unable to attend. Michael soldiered on alone. He was good, although at times forgetting some of the lyrics, he would just laugh it off and so would we. Normally I like to sing along but not knowing many of Johnny Cash songs I couldn't do so, but there was plenty of foot tapping. Then we had a lovely afternoon tea and once again I would like to thank the ladies, although the virus also took its toll on this function with about 6 people pulling out, but for all those that were there, I thank them.

So till next time keep healthy and warm and to the not so well hope you are on the mend.

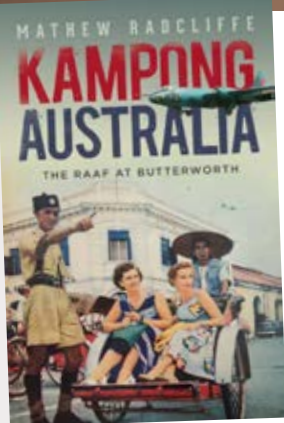
Joan Clarke
Honorary President

MEETING DATES – MONDAYS

Monday September 25th
Monday October 23rd
Monday 27th November
December 1st Xmas Lunch

FUNCTION DATES – WEDNESDAYS

Wednesday October 11th Bus
Trip to Marysville
Wednesday November 8th TBA



KAMPONG AUSTRALIA – THE RAAF AT BUTTERWORTH

**Book Review
by Andrew
Hogendijk (Wg
Cdr Ret)**

This delightful book relates the history of service men and women, and their families whilst

experiencing the delights of the Penang and Butterworth. Malaysia was the home of over 50,000 Australian service men and women from 1955 to 1988. RAAF Base Butterworth became Australia's largest and most enduring Cold War garrison in South East Asia. All this came to an end on 16 April 1988, leaving behind fond memories and wonderful experiences. As a memento to this long term engagement Mirage A3-59 remains on permanent display at the front gates of the Airbase.

The book tells the history over 33 years starting with the airfield construction by NO 2 Airfield Construction Unit, followed by 2, 3, 5, 75, 114CRU, 478 SQN's, as well as Transport Support Flight, No 4 RAAF Hospital and Base Squadron Butterworth. The Australian Army was also present as contingents rotated throughout the period of RAAF presence. All Units served there through many political, cultural and physical challenges.

The author richly describes daily family life experiences such as Asian food, Amahs, Monnie drains, buses to and from Penang to Butterworth. Thousands of young Australian became part of an exciting and challenging life in a foreign land. These men and women most with families rotated through the

region for tours of duty between two and three years. He refers to the RAAF Hostel, Runnymede Hotel, E&O Hotel, Sky Dance Hall, Penang Swimming Club, the use of tri-shaws to get around local produce markets such as Pulau Tikis market, eating from street makan carts, numerous sporting clubs and other community involvements by the wives of some servicemen as volunteers with the Red Cross for example.

Children's schooling was an initial challenge as the British school system did not align with the Australian one. The Australians built their own school at "Hillside", staffed by Australian teachers. In 1970 a new RAAF school was completed with 14 large class rooms, a large hall, a well-equipped library, staffrooms and offices.

During the compilation of the book the writer took the opportunity to speak and survey many former service men and women about their life in Malaysia. The book has countless stories which cover the many cultural challenges both during and post the British presence. He refers to many humorous episodes experienced by the young Australians and their slow integration into the Malaysian culture. Some men married women from Malaysia and returned home to Australia with their new family. The Author adequately describes the bewilderment, frustration, some loneliness and isolation for both sexes and in particular the newly married young wives.

This book is well worth reading as it sheds light on a significant part of Australian military history with views from many RAAF families over 33 years. This is a most enjoyable book to read, very factual and representative of Australian life in Penang and Butterworth Malaysia.

SWIMMING SECTION

BENTLEIGH RSL SWIMMING CARNIVAL

Sunday 30th July saw our swimmers arrive at Caulfield Grammars swimming pool for our annual carnival hosted by the Bentleigh RSL Swimming Club. Members from Mentone, Bentleigh, Albury and Box Hill Swimming Clubs arrived to a wintery morning outside but a warm pool and were ready to begin their swimming at 10:00am sharp.

Although Box Hill didn't place in the overall results of the 25, 50 and 100 metre events we had some great individual wins in their respective races.

Albury took out a clear win in the 10 person relay while it was a close finish for the RSL Entitlement relay with Mentone taking home first place. Box Hill were the winners of the WW2 relay.

Steve Russell and John Bell teamed together for the brace pairs and sped down the pool finishing 2nd overall but only by a mere 0.19 of a second.

Overall the winners on the day were; Bentleigh 83 pts, Box Hill 72 pts and Mentone and Albury both finishing on 45 points.

Following the swim, members were treated to a 2 course lunch hosted by the Bentleigh RSL. Presentations followed and a great day was had by all swimming members.

If anyone would like to join our Box Hill RSL Club at our fortnightly Sunday evening swims at Tintern Grammar please contact Neil Warnock on phone 9887 3714.

Michelle Robinson, Swimming Section

TREV'S COLUMN

MEMBERS PREMIUM REWARDS CARD – "HYUNDAI ACCENT CAR"

Don't forget to swipe your Premium Rewards Card at the kiosk when you enter the Club and you could win a Bonus ticket to enter the end of year promotion to win a Hyundai Accent Motor Car. The major draw is on 25 November. There will be weekly draws on 30 September, October 7, 14, 21 and 28, 4, 11, 18 November. These winners will receive a \$25 Box Hill RSL Gift Card and an invitation to the major draw. 12 winners will be selected to enter the draw for the car. Also present your card over the Bar or Bistro with each purchase and you can obtain additional tickets when you spend \$20.00 or more. Each purchase accumulates until you reach \$20.00 so present your card even if you are only buying one drink.

EXISTING CAR PARK

PLEASE NOTE The car park is for use only while you are in the Club. It is not to be used for shopping expeditions or for visiting the Hospitals. It is also important that you observe the directional signs in the existing car park. We continue to see many instances of people travelling the wrong way on the ramps. This will eventually lead to a head-on collision, something we don't want!!

KILMORE RACE DAY

Our net Race Day for 2017 will be to Kilmore on Tuesday 24 October (see ad elsewhere in Scuttlebutt). The coach is almost booked out so you need to book early to be sure of getting a seat.

MELBOURNE CUP CALCUTTA

Box Hill RSL is conducting a Calcutta Sweep on the Melbourne Cup. Tickets are available outside the library.

MELBOURNE CUP "ALL HORSES" SWEEPS

I will be conducting my usual "All Horses" Sweeps on the Melbourne Cup again this year. The Sweeps will be \$2.00, \$5.00 & \$10.00. Everyone gets a horse and the Sweeps go on sale after the Caulfield Cup. See me at Table 16.

Trevor Symes
Vice President

A SPECIAL EVENING FOR A SPECIAL GROUP

Box Hill RSL hosted the Australian Special Air Service Association (ASASA) – Victorian Branch for their annual SASR birthday dinner. The dinner this year was attended by the current Commanding Officer (CO) of SASR, LTCOL J. along with a number of Box Hill RSL Committee members including the President, Tony Bowden, a former SASR veteran.

ASASA has had an affiliation with Box Hill RSL since making it their official home of the Victorian Branch in 2014. Brian Tateson, a committee member of the RSL, put together a display in the front lounge of the RSL with paraphernalia from SAS dating from Vietnam to more recent operations in Iraq and Afghanistan. Upon arrival the dinner group gathered to admire Brian's work. Ash Murphy, Vic Branch President of ASASA, commented that the support provided by the Box Hill RSL was second to none and the display put together with the help of Ben Doyle-Cox (Platatac) was simply outstanding.

Much to the dismay of Tony Bowden, but to the amusement of other RSL guests, the ASASA (Vic Br) piper, Iain Townsley (former 22 SAS, UK), pumped up his 'Hide Bag' and piped in the dinner party in. During the dinner, Ash Murphy provided an update on ASASA work and support activities prior to inviting the CO to provide an update on SASR. LTCOL J. gave an impassioned oration on the importance of the SAS family and the role ASASA plays as that extended family of SASR. His personal accounts of when he first deployed on operations and some of the other activities of SASR such as welcoming the new beret qualified soldiers to the 'family', sent a powerful message of inclusion and emphasised the role the ASASA plays in the support of those that have served in SASR.

Brigadier (Retd) Terry Nolan, AM, former SASR Troop Commander, CO SASR and Commander Special Operations, provided the dinner guests with some historical facts on the award of the Infantry Combat Badge (ICB) and the Army Combat Badge (ACB). These are awarded by Army Headquarters to those members of the Army who have served in warlike operations in a direct combat role. One of the Association members present at the dinner had recently been awarded the ACB from SAS patrols he went on in 1972. Terry invited LTCOL J. to present Peter Gurney with the ACB in recognition of his service from Vietnam.

The dinner and post-dinner drinks went on well into the night. Tony Bowden made a 'tongue in cheek' comment that the ASASA is welcome back if we put sock over the bagpipe drones!





FREE EVENT FOR VETERANS' HEALTH WEEK

27TH OCTOBER IN THE UPTON ROOM

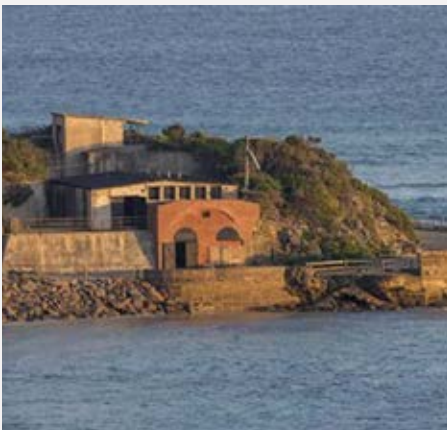
Veterans' Health Week is an annual initiative that is supported by the Department of Veterans' Affairs to generate interest in, and raise awareness around, improving health and wellbeing in the veteran and ex-service community. The theme this year is Physical Activity.

Box Hill RSL will be hosting the Veterans' Health, Body & Soul Workshop & Morning Tea on Friday 27th October 2017 commencing at 9:15am (sharp). The morning will consist of presentations on general health & wellbeing from local service providers, as well as a demonstration of Tai Chi & Mindfulness Meditation. Participants are invited and encouraged to join in with these activities.

IF YOU ARE INTERESTED IN ATTENDING, OR WOULD LIKE MORE INFORMATION, PLEASE CONTACT PAM OR FAYE IN THE WELFARE DEPARTMENT ON 9898 2044. RSVP BY 17/10/2017.

Veterans' Health, Body & Soul Workshop & Morning Tea Program

9:15am to 9:35am	Carrington Health (General health & well-being)
9:40am to 10:25am	Tai Chi Presentation & Demonstration (Please join in with the demonstration)
10:30am to 11am	Morning Tea
11:05am to 11:25am	Mindfulness Meditation (with Hugh Morrison)
11:30am to 11:50am	Southern Cross Care (Home care support & assistance)
11:55am to 12:20pm	Dementia Café (Kirsty Porter)
12:25pm to 1pm	Hearing Australia (Information & free assessments – Hearing Bus will be at the RSL from 10am to 4pm)



POINT NEPEAN

Welfare are hosting a FREE trip to Point Nepean...!

Wednesday 22nd November 2017

We will be leaving the RSL at 8:30am

Lunch will be at Rye RSL

HURRY! PLACES ARE LIMITED!

(Keep in mind there will be a bit of walking involved on the day)

To book call Pam in Welfare **9898 2044**



WHO IS THIS FORTUNATE MAN?

On Friday 14th July the gentleman in black informed the staff that today was his birthday. Then in the afternoon when leaving the club the rainbow appeared behind his head, at which time the above photograph was taken.

This anonymous gentleman was informed the rainbow was requested because it was his birthday. What a lucky man!

RSL WOMEN'S AUXILIARIES 84TH ANNUAL CONFERENCE

**Held At The Dandenong RSL
2nd August 2017**

The raffle was drawn for the Women's Auxiliaries Special Effort to help raise funds which was their share towards the fees for a doctor studying PTSD. The amount of \$15,000 + was raised. For the amount over the \$15,000 a cheque was given to Robert Winther to spend on Ward 17 at Heidelberg Repat for PTSD sufferers.

There were 3 prizes – 2 of the 3 prizes went to sellers of tickets at Box Hill RSL and 1 to Wangaratta RSL. I was fortunate to sell 1st prize and it was won by my daughter Lee-Anne Harmer and the 3rd prize went to a friend of Helen Jones.

It was very exciting to have 2 prizes go to our auxiliary, as there were hundreds of tickets sold; the winning tickets were drawn out by Dr Robert Webster State President of Victoria.

The day started with the flags being marched in by current serving Army,

Navy, and Airforce women and then it was down to business.

It was voted by the delegates that next year's conference would be at Box Hill RSL. It has been held at Dandenong RSL for the past 3 years. All arrangements will be done with Box Hill RSL's Bookings Manager Chantelle and the President and Secretary of Women's Council at Anzac House, this event is not organized by the Auxiliary.

We were lucky to have the State President of N.S.W Women's Auxiliaries speaking about what N.S.W. groups are doing. One of their projects was the making of two magnificent quilts – one has been sent to Pozieres in France and the other was presented to Dr Brendan Nelson for the War Memorial in Canberra. They had two more made to raffle and they made \$70,000 for the Women's Council in N.S.W.

There were 2 guest speakers, one was a retired ADF woman Rebecca Russell from Clunes, and she is suffering from PTSD. Her story was so sad at times she had

trouble talking about her fight. Even so, she managed to get her message across that there is such a lot of work still to be done in this area.

The other guest speaker was Carla Evans Veterans Ministry (PTSD) she spoke about her work with families badly affected by PTSD. It was an insight into the effects on everyone in the family.

After our lunch we had question and answer time. Unfortunately one question in particular was distressing regarding BULLYING and it won't be tolerated by Anzac House under any circumstances.

This conference gives you an insight to the wonderful work done by all 56 Auxiliaries around Victoria with a total amount of \$570,000 raised this year.

We will look forward to 2018 when it will be Box Hill RSL - time to shine.

Judy Coates

Delegate for Box Hill RSL Women's Auxiliary



scuttlebutt

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